



# Garter Stitch Scarf & Fingerless Mitts



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A simple scarf and fingerless mitt set done in garter stitch for a very quick knit.

A great way to learn how to knit a flat panel on a round knitting loom.

### Size:

Scarf: 72"

Mitts: 8.5" in circumference  
8" in length.

### Materials:

- Blue Knifty Knitter or any other large gauge knitting loom with a minimum of 18 pegs.
- 220 yards of bulky weight yarn:
- Knitting Tool
- Darning Needle

### Yarn recommendations:

- Lion Brand Wool-Ease Thick & Quick
- Yukon by Plymouth

Pattern pictured with Yukon yarn.

### Gauge:

2.5 sts/1"  
3 rows/1"

### Skills set:

- Flat Panel Knitting
- Purl Stitch
- Flat Removal Method
- E-wrap

Recommend to knit the mitts first and use the left over yarn to knit the scarf.

*Fingerless Mitts*

Use blue Knifty Knitter loom. Cast on 18 stitches.

Row 1: Purl the entire row.  
Row 2: Knit (single stitch).  
Rows 3-32: Repeat rows 1 & 2.  
Row 33: Purl

Make a 2<sup>nd</sup> mitt following the instructions above.



**Seaming the mitts:**

Fold the mitt in half, so that both cast off edge and cast on edge are alongside each other.

Using the Overcast seaming method, close 5" of the mitt. Run the yarn through some of the purl stitches in one of the sides of the mitt, about 1" to allow for the opening for the thumb. Close the remaining of the mitt with the overcast seaming method. Break yarn and weave in ends. Turn the mitt right side out.



*Garter Stitch Scarf*

Cast on 18 stitches.

Row 1: Purl the entire row.

Row 2: Knit (single stitch).

Repeat rows 1 & 2 until scarf measures 68".

You may want to knit less inches for a shorter scarf, or more inches for a longer scarf.

Remove with flat removal method.



*How-To Section*

**Cable Cast on:**

1. Place a slip knot on the first peg. Place the working yarn on the front of the loom.  
Insert a crochet hook through that slip knot and grab the working yarn with the crochet hook thus forming a loop, place that loop that is on the crochet hook on the next peg to the left (peg 2).
2. Now, go between peg 1 and peg 2 and grab the working yarn with crochet hook, thus forming a loop, place that loop on peg 3. Go between peg 2 & 3 grab the working yarn with the crochet hook, place the loop on peg 4.  
Repeat all around the loom.

2 loops will be on each peg. Knit over 1 over 1. Then you can start the pattern.



Slip Knot



Insert crochet hook thru slip knot



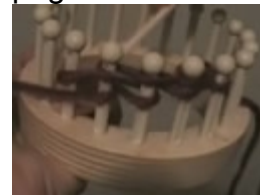
Crochet hook thru two pegs



Forming loop



Crochet hook through 2 pegs



Pegs have 2 loops on them

**E-wrap:** Cast-on your loom in a clockwise direction by going around each peg in a counterclockwise direction, as in forming a cursive “e”.

**Flat knitting:** Wrap each peg until you get to the last peg you need to wrap, in this pattern: wrap from peg 1-18. Slip the first stitch in every row as follows: Cast on from peg 1-18. With yarn coming from peg 18, go directly to peg 17 and e-wrap it. E-wrap all the pegs to peg 1. Knit over by lifting the bottom loop off the peg. With yarn coming from peg 1, go directly to peg 2 purl it. Purl the rest of the pegs back to peg 1.

**Flat removal method:**

Starting at the opposite end from where working yarn is located (Assume is peg 18). Remove the loop before the last one (peg 17) place it on peg 18. Now, you have 2 loops on peg 18, peg 17 is empty. Knit over on peg 18. Move the loop left on peg 18 over to peg 17. Move loop from peg 16 to peg 17, now you have 2 loops on peg 17, knit over. Move loop left on peg 17 over to empty peg 16. Continue to the end of the row in this manner. When you reach the last peg, cut the working yarn, leaving a 5 inch tail. Remove the last loop from the peg, and grab the working yarn with your crochet hook and pass it through the loop you removed from the peg and make a tight knot. Weave ends to the wrong side.

**Garter stitch:** Created by knitting one row of e-wrap, one row of purl stitch. These 2 rows =1 stitch of garter stitch.

**Knit Over:** The process of lifting the bottom strand on the peg and lifting it off the peg, thus forming a stitch.

**Purl Stitch:** Lay the strand in front of and against the peg below the loop on the peg (near the base of the peg). Reach through the loop on the peg with your tool and hook the strand making a loop. Pull the loop into and through the old loop. Lift the old loop off the peg while holding the new loop, and then place the new loop onto the peg.

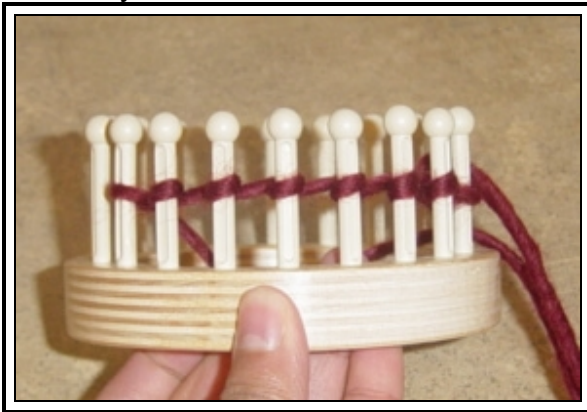
## **Purl Stitch**

The purl stitch is one of the two foundation stitches in both needle knitting and loom knitting, the other being the knit stitch. Once you know how to do the stockinette stitch and the purl stitch, you will be able to “translate” many stitch patterns from needle knitting to loom knitting. The purl stitch is the reverse of the knit stitch (flat stitch), it is the “bumpy” side on the reverse side of your items.

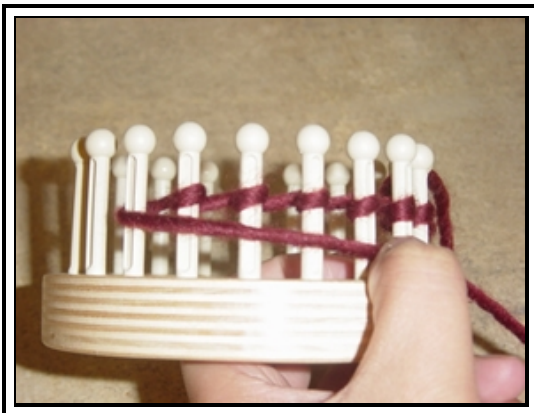
I have broken down the Purl Stitch into 6 steps with step-by-step pictures.

**Stitch Notes:** The Purl Stitch is done one stitch (peg) at a time.

To start you should have a cast on row, or a set up row to begin.



**Step 1:** Lay the working yarn in front of and against the peg *\*below\** the loop on the peg.



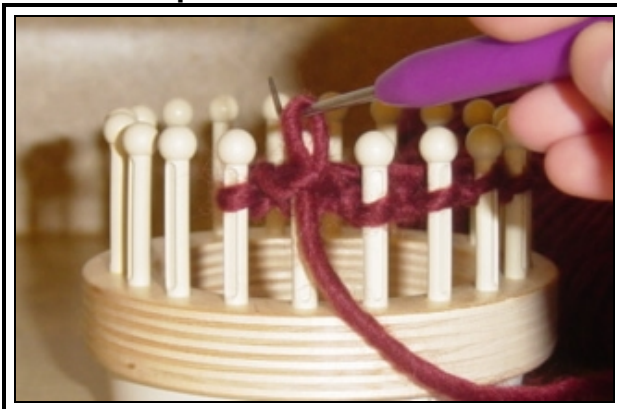
**Step 2: Reach through the loop wrapped on the peg with your tool.**



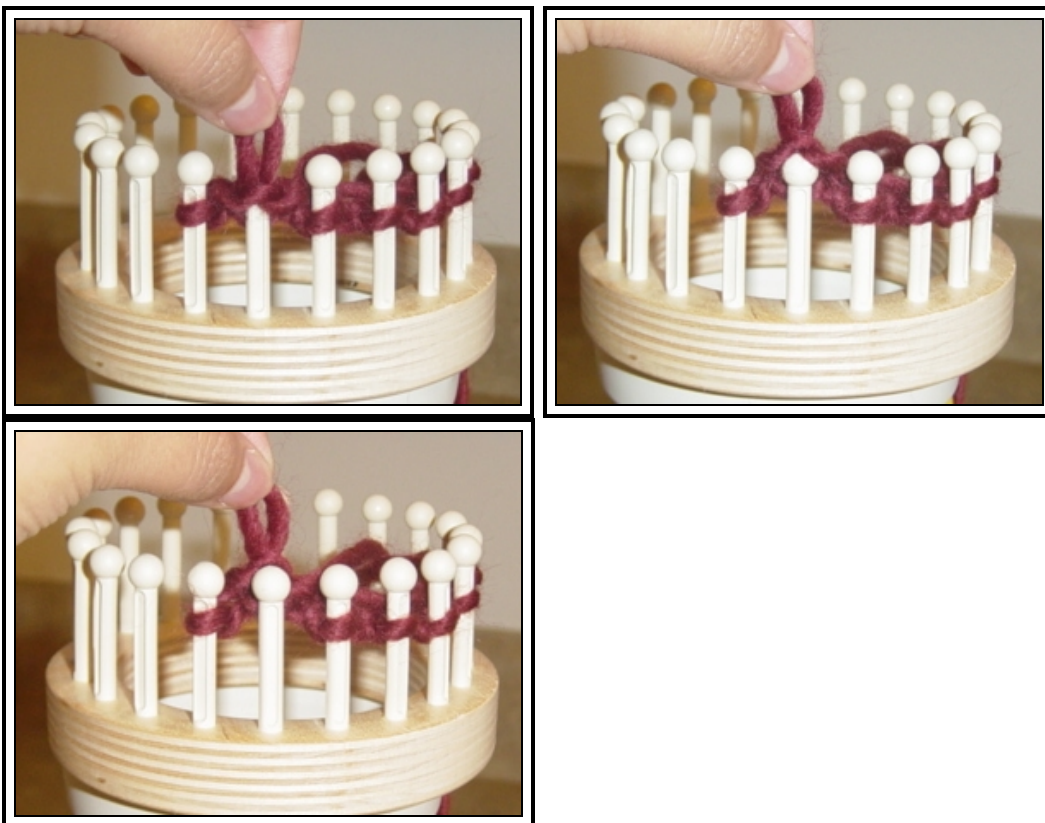
**Step 3: Hook the working yarn with your tool.**



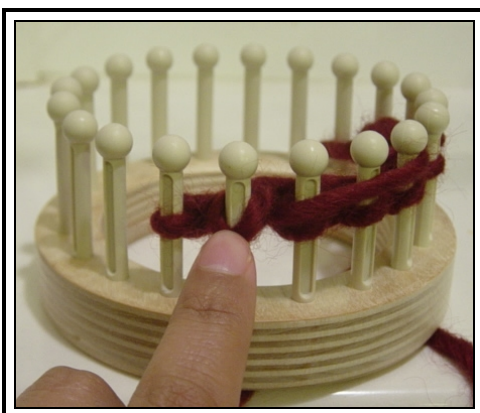
**Step 4: Pull the working yarn into and through the loop on the peg to form another loop.**



**Step 5: Hold the newly formed loop with your fingers or tool. Lift the loop that was originally on the peg off while holding the new loop.**



**Step 6: Place the new loop onto the peg.**



Repeat Steps 1-6 on each of the pegs you need to purl.

Loom Knit Designs at  
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Knitting Looms

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