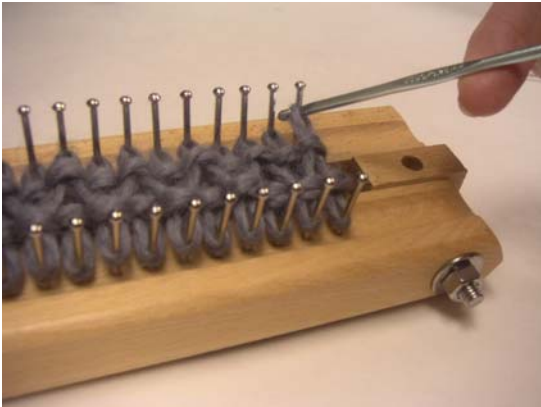
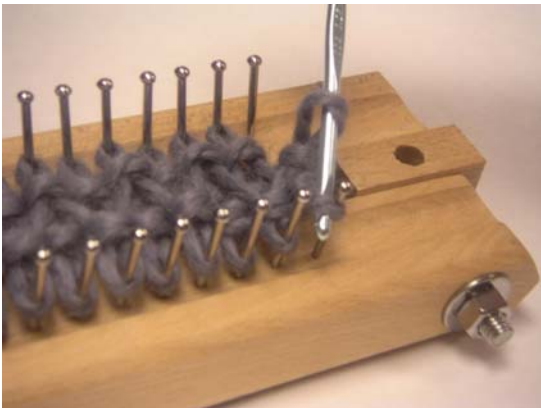


## BIND OFF METHOD



Taking your knitting off the knitting board is the Bind Off process. We will show 2 methods here with use of Crochet Hook.



This method will make a nice straight crochet edge.  
Start at end of board opposite from the yarn attachment.

Insert crochet hook into first stitch, back and front loops. Lift off of needles. Pick up loop from stitch 2 back. Lift off of needles.



You have 3 loops on the crochet hook.



Now, pull the loop closest to hook thru the other 2 loops. This will drop off the first 2 loops from hook.



Only 1 loop remains on the hook.

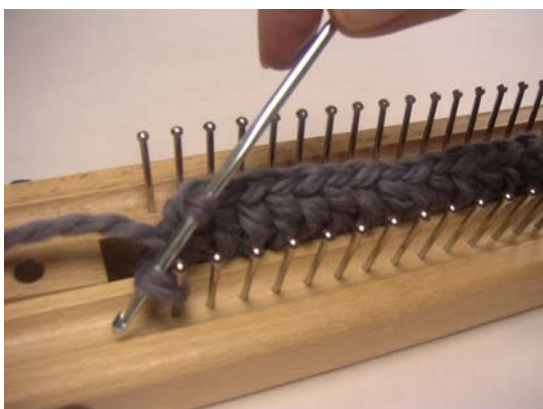


Pick up next 2 loops, 1 from front of board and 1 from back board.

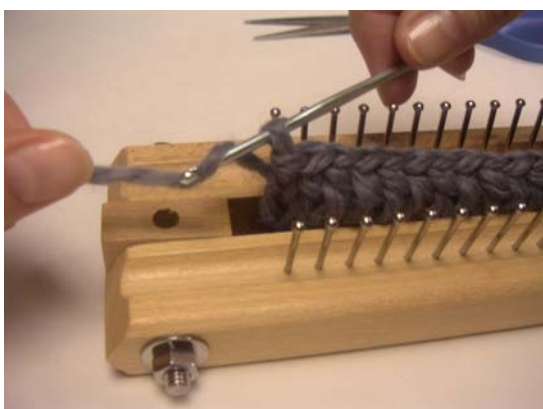


Pull the loop closest to hook  
thru the other 2 loops.

Continue this across the board until you  
have only 1 loop remaining.

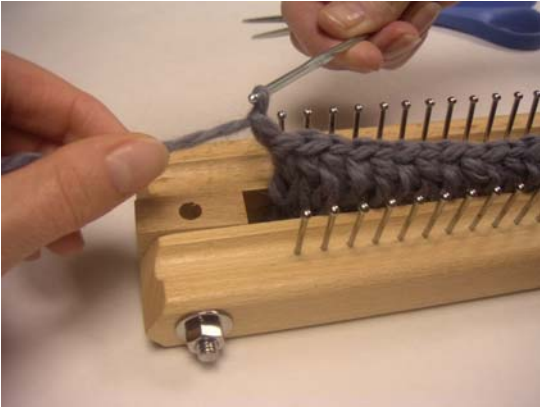


You may only have 2 loops at end of board.  
Pull 1 thru 1 so that only 1 loop remains.



Cut yarn.

Your knitting is free of the knitting board.



Pull yarn tail thru the last loop for a knot.

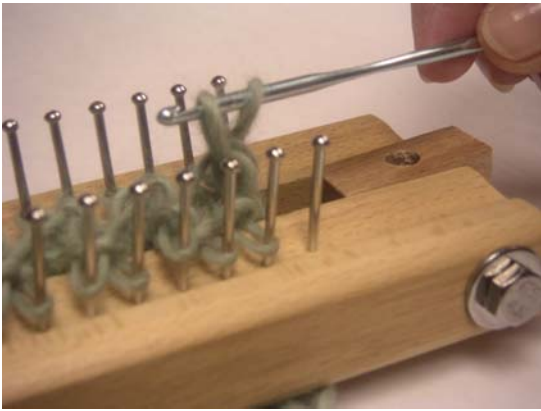


Your finished edge should be snug with the rows of knitting so that the knitting lays flat. You can use the crochet hook to pull the yarn tail into the knitting tucked between the 2 layers of knitting.



Removing the anchor yarn from the beginning stitches is done the same method as the board Bind Off. Be sure that your pattern does not require the anchor yarn to stay in for gathering the knit. (as in top of a hat).

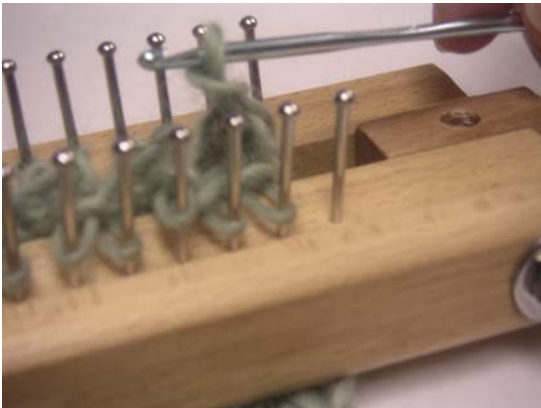
Start at end opposite the tail of yarn. Pick up 3 loops, pull 1 thru 2 and knot at the end. Gently remove the anchor yarn.



For a more loose bind off:

This 2 loop process is same as the 3 loop, only picks up just 2 loops. Start at end opposite the yarn attachment.

Pick up loops from first stitch, front and back boards. Pull 1 loop (closest to hook) thru the other loop. Pick up 1 more loop, and pull 1 thru 1.



Keep alternating the loops from front board to back board. When you get to the end, pull the yarn tail thru the last loop for a knot.



To bind off the anchor yarn, work the same as above. Pick up 2 loops, and pull 1 thru 1. Continue this process until you have 1 loop remaining and pull the yarn tail thru for a knot.

This produces a looser bind off from the 3 loop process and is best for more open weave.



All rights reserved